

# Monthly Digest

Find information and resources that support your efforts in promoting brain health and supporting people living with Alzheimer's disease and related dementias, their caregivers, and families in Los Angeles County.

## News and Updates

- **New!** Dementia Care Aware released a Cognitive Health Assessment Implementation Guide. This tool features detailed examples, electronic medical record tip sheets, example workflows, and more. [Download the implementation guide here.](#)
- **New!** The National Alzheimer's and Dementia Resource Center (NADRC) released an updated resource list of recently published articles for those developing and implementing programs to support people living with dementia and their caregivers. [Download the resource list here.](#)
- **In case you missed it!** The National Alzheimer's Project Act held their Advisory Council Meeting on August 5, 2024. This meeting included recommendations from subcommittees, late-breaking research findings, GUIDE Model updates, and updates from federal agencies. [Access PPT slides and recordings here.](#)
- **Share with your caregiver network!** The CalGrows Training Program ends on September 30th. CalGrows offers free training courses for California paid and unpaid caregivers, including family and friend caregivers. Incentive claims must be submitted by 8/31 for payment. [Learn more about the CalGrows here.](#)

## Funding Opportunities

### CVS HEALTH FOUNDATION: FOCUS ON HEALTHY AGING

**Deadline: August 16, 2024**

The Foundation is awarding up to five multi-year, \$1 million grants through its Focus on Health Aging Program to strengthen systems-of-care for older adults with brain, heart, and mental health conditions. Projects in California are eligible to apply, applicant must have 501(c)(3) status.



## Trainings and Webinars

- Aug 21**  
11 AM PST **Justice in Aging:** Using Advance Planning to Avoid Unnecessary Conservatorships. [Register Now.](#)
- Aug 27**  
11 AM PST **NADRC:** Cognitive Simulation Therapy Programs. [Register Now.](#)
- Aug 28**  
12 PM PST **Alz Association:** Breaking Barriers: Combating Dementia through Social Engagement. [Register Now.](#)
- Aug 28**  
1 PM PST **UCLA ADC Program:** Better Caregiving for All - Monthly Webinar Series: Middle Eastern and Northern African (MENA) Caregivers of Persons Living with Dementia. [Register Now.](#)
- Sept 17**  
9 AM PST **Trauma Prevention Coalition:** Preventing Geriatric Falls Post Hospitalization. [Register Now.](#)



## Community Events

Get involved! Promote these events to your network.

- Aug 17**  
11 AM PST **Alzheimer's LA:** Healthy Brain Habits. In-person event at Northridge Branch Library: 9051 Darby Ave. Northridge, CA 91325.
- Aug 20**  
5 PM PST **LOOP/Embodied Labs:** Dementia Decoded Virtual Webinar. [Register Now.](#)
- Aug 26**  
10 AM PST **Alzheimer's LA:** Healthy Brain Habits. In-person event at Adventist Health White Memorial Montebello: 309 W Beverly Blvd Montebello, CA 90640.
- Sep 3**  
11 AM PST **Alzheimer's LA:** Lost Memories/Recuerdos Perdidos Season 1 Screening in Spanish. In-person event at Belevdere Community Park Senior Center: 4914 E. Cesar Chavez Ave
- Sep 17**  
9 AM PST **Alzheimer's Association:** Spanish Community Forum. In-person event at Meet Each Need with Dignity (MEND). 10641 San Fernando Road. Pacoima, CA 91331. [Register Now.](#)

## In the Spotlight - Dementia Decoded: An Immersive Webinar

This webinar is hosted by Embodied Labs in partnership with LOOP, Adria Thompson of Be Light Care and Carrie Alberts of Dementia Darling. This interactive webinar will include discussions to support caregivers providing care with confidence, compassion and dignity.

Mark your calendars:

August, 20, 2024

5 PM PST



[Register now here!](#)

Share your organization's impactful efforts in supporting people living with Alzheimer's disease and related dementias, and their families. Send success stories, achievements, or highlight ongoing initiatives to Mariana Reyes ([healthybrainla@ph.lacounty.gov](mailto:healthybrainla@ph.lacounty.gov)) to be featured in a spotlight.

## Featured Resources

- COMMUNITY RESOURCE**  
[Best Programs for Caregiving is a free online national directory of dementia care programs for dementia caregivers and professionals to discover and share.](#)
- COMMUNITY RESOURCE**  
[California Department of Public Health's 'Take on Alzheimer's' Public Awareness Campaign.](#)
- COMMUNITY RESOURCE**  
[Healthy Food, Healthy Brain Rack Card Series. Topics include but not limited to: Diet, Exercise, Hearing, Sleep.](#)
- LEARNING MODULE**  
[Dementia Care Aware's self-paced cognitive health assessment training and dementia mini-course. Free CE and CME/MOC credits.](#)
- TOOLKIT**  
[BOLD Center for Early Detection - Early Detection of Dementia Toolkit - Health Systems](#)
- COMMUNITY RESOURCE**  
[BOLD Center on Dementia Caregiving - A Guide on Advanced Care Planning Resources: For People Living with Dementia and Their Care Partners.](#)



### Got News?

Send resources and news about upcoming events or initiatives that you would like to promote in our monthly newsletter to Mariana Reyes ([healthybrainla@ph.lacounty.gov](mailto:healthybrainla@ph.lacounty.gov)).